

DATE
28
MAR



NMC

FAST RACE
3 IN 1



POWERED BY
ENTRYGEEK





NMCG

FAST RACE

3 IN 1



POWERED BY
WWW.ENTRYGEEK.COM



CLICK.
REGISTER.
REPEAT.



NMCG FAST RACE 3 IN 1



NEW FASTER FINISH
START ON R37 &
FINISH AT RIVERSIDE MALL

**28 MARCH
2026**

42.2KM

Entry Fee R320
Bus Ticket R60.00
Bus Ticket is Compulsory
Race starts at 5:30am
Temp License R40
T-Shirts R160

21.1KM

Entry Fee R220
Bus Ticket R60.00
Bus Ticket is Compulsory
Race starts at 5:30am
Temp License R40
T-Shirts R160

10KM

Entry Fee R120
Bus Ticket R60.00
Bus Ticket is Compulsory
Race starts at 5:30 am
Temp License R40
T-Shirts R160

**BUSSES DEPART AT 3:30AM FROM RIVERSIDE MALL
MEDALS TO ALL FINISHERS**

Substitution/Upgrade/Downgrade Fee: R50
Halfway cut off 9am on 42.2km race. No medals after 11:30 finish cut off
Prize Giving strictly start at 10:00am
Prizes will be given to each category. Must be present to receive prizes
All prize winners per category must be present to receive prizes
All prize money will be transferred. Please bring banking details



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ENTRYGEEK

42.2KM
START

21.1KM
START

10KM
START



NMC

FAST RACE 3 IN 1



28 MARCH 2026



ASA Rules apply:

REFEREES' DECISION IS FINAL

Obey all Traffic Officials and Race Marshals.

The race will be run according to the rules of ASA,
WORLD ATHLETICS (WA) & AMPU House rules.

Ages: Athletes for 10km must be 14 years on the day of the race.

21.1km must be 16 years or older and 42.2km must be 20 years or older.

Proof of age (ID) to be produced upon request on day of race.

All athletes participate at their own risk and by entering the event they
acknowledge that they are medically fit to participate.

Registered athletes must wear full club colours.

2026 license numbers on the front and back of the vest.

Temporary license must be fixed on the back of the vest.

Age category ID tags must be clearly displayed for the duration of the event

(back and front) by athletes competing for a category prize AND
must be fixed on all 4 corners and not be covered by rain jacket or any shirt.

Only athletes with a race number and license numbers will be allowed to participate.

Race number must be worn on the front of the vest.

ASA license numbers must not be covered with any paper race numbers /race bib.

Foreign athletes MUST submit a clearance letter from their country's federation when pre-entries close

No littering, please make use of waste boxes at the start/finish RUN CLEAN

All participants must take note that photographs might be taken at the event and
placed on social media.



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CATEGORY	42.2KM	21.1KM	10KM
1st	7000	3000	1500
2nd	5000	2000	1000
3rd	2500	1000	500
4th	1500		
5th	500		
Jnr 1st		500	300
Jnr 2nd		300	200
40+ 1st	800	400	250
40+ 2nd	400	200	150
50+ 1st	600	400	250
50+ 2nd	400	200	150
60+ 1st	600	400	250
60+ 2nd	400	200	150
70+ 1st	600	400	250
70+ 2nd	400	200	150

ENTRIES OPEN 29 OCTOBER 2025 & CLOSE 8 MARCH

WWW.NELSPRUITMARATHONCLUB.COM CONTACT: 072 618 1216

ONLINE ENTRIES! 078 208 5183 / 013 001 2860



NMC

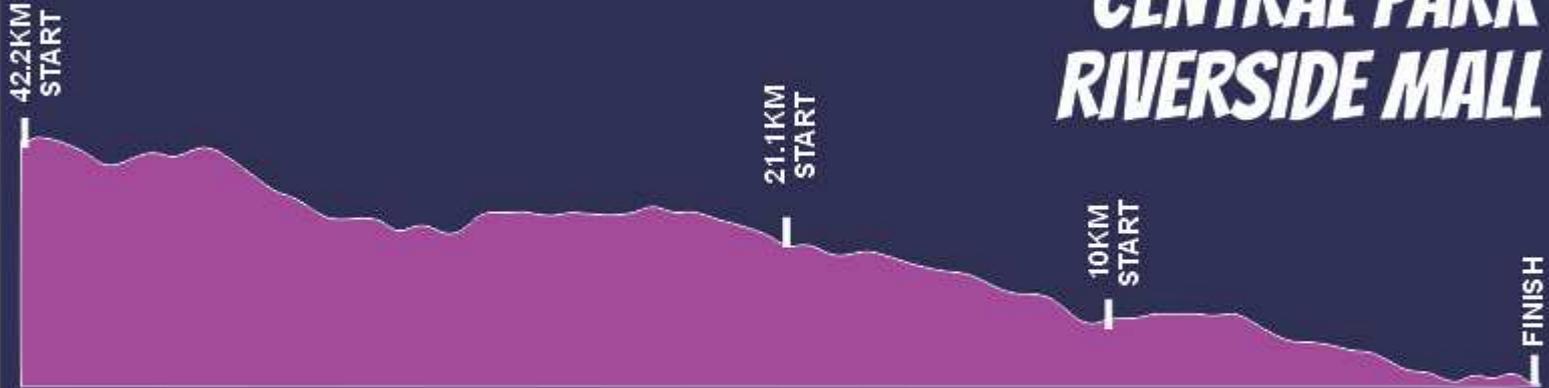
FAST RACE

3 IN 1

DATE
28
MAR

START
SABIE LYDENBURG RD
R37

FINISH
CENTRAL PARK
RIVERSIDE MALL



NMC FAST RACE NEW ROUTE
Last edit was 2 minutes ago

- ✓ NMC Fast Race 42.2km Start
 - Individual styles
 - Start of NMC Extra fast race ...
 - NMC Fast Race 42.2km Start
 - NMC Fast Race 21.1km Start
 - NMC Fast Race 10km Start
 - End of NMC Extra fast race a...
 - NMC Extra fast race actual r...

Base map



SCAN TO VIEW ROUTE VIDEO



NMC FAST RACE
3 IN 1

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**COLLECTIONS
SUBSTITUTIONS
UPGRADES
DOWNGRADES**

COLLECTIONS:

THURSDAY 26 MARCH '26 11AM - 6PM

FRIDAY 27 MARCH '26 10AM - 8PM

CENTRAL PARK WATERPARK

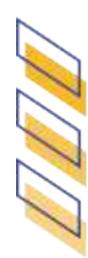
RIVERSIDE MALL

GPS: -25.435905839214243, 30.966107128755134

UPGRADES / DOWNGRADES R50

SUBSTITUTIONS R50

AT COLLECTIONS



NMCG FAST RACE 3 IN 1

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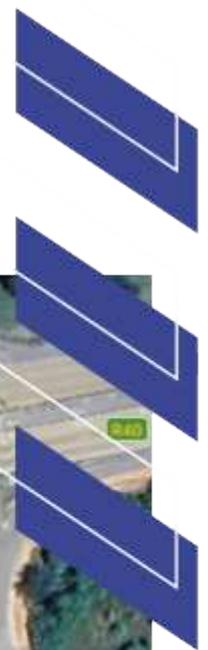
VENUE MAP



-25.43594188056855

30.966482625659406

BUS PICKUP





NMCC

FAST RACE

3 IN 1



Limited stock
for Sale
at Collections
R160

First 200
get a free
Tshirt and
Goodybag



LET'S MOVE

aQuellé

VIV



f @aQuelléViV



NMC

FAST RACE

3 IN 1



*Medals to all
Finishers*





NMC FAST RACE 3 IN 1

DATE
28
MAR

PACER
SUB
3:00

NMC
FAST RACE
3 IN 1



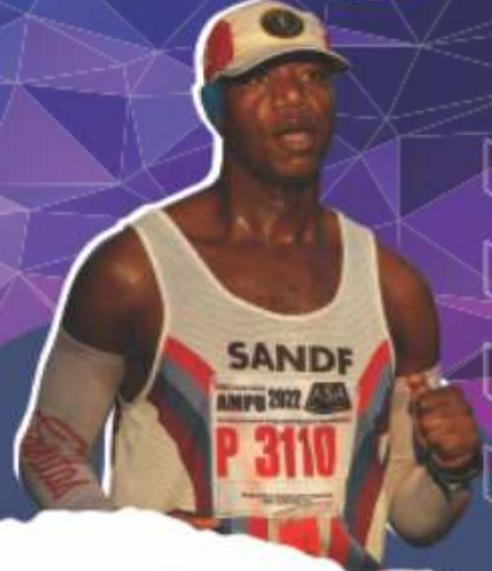
KENNETH
KayCee Exprezz

FAST



PACER
SUB
3:20

NMC
FAST RACE
3 IN 1



TUMELO
3DigitsKing

FAST



PACER
SUB
3:40

NMC
FAST RACE
3 IN 1



THEMBA
Qualify Ngenkani

FAST



PACER
SUB
4:00

NMC
FAST RACE
3 IN 1



ENOCK
CoachEnock

FAST





NMC FAST RACE 3 IN 1

DATE
28
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PACER
SUB
4:20

NMC
FAST RACE
3 IN 1



MIYELANI
City Bus



FAST



PACER
SUB
4:35

NMC
FAST RACE
3 IN 1



SIZWE
Grootman Bus



FAST



PACER
SUB
4:50

NMC
FAST RACE
3 IN 1



ANGUS
Anger



FAST



PACER
SUB
5:00

NMC
FAST RACE
3 IN 1



PRETTY
Bhoza



FAST





NMCG FAST RACE 3 IN 1

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BUS COLLECTIONS



42.2KM / 21.1KM / 10KM BUSES
FIRST BUS DEPARTS AT 3:30AM
LAST BUS DEPART AT 4:30AM
FROM RIVERSIDE MALL
ENTRANCE 3 (AT THE BACK OF THE MALL)
PICK 'N PAY / MALL MANAGEMENT ENTRANCE

TO AVOID DELAYS PLEASE DON'T
WAIT FOR THE FINAL BUS

IT IS COMPULSORY TO TAKE THE BUS.
YOUR BIB IS YOUR BUS TICKET.



NMC

FAST RACE 3 IN 1



28 MARCH 2026

FREE AGE TAGS



J

40

50

60

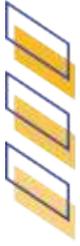
70

ASK FOR AN AGE TAG AT COLLECTIONS IF YOU NEED ONE



POWERED BY
ENTRYGEEK



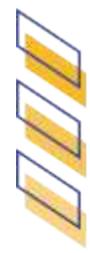


NMCG FAST RACE 3 IN 1

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WATERPOINTS

UNIWISP URBAN RACE	WATER POINT 1 - 39KM TO GO	
SABIE SHUFFLERS 3 IN 1	WATER POINT 2 - 36KM TO GO	
HYDRO EQUIP	WATER POINT 3 - 33KM TO GO	
HAZY RUNNERS	WATER POINT 4 - 30KM TO GO	
SIMBA DRIVING ACADEMY	WATER POINT 5 - 27KM TO GO	
CITY OF MBOMBELA MC - VW RACE	WATER POINT 6 - 24KM TO GO	
SPORTSMAN'S WAREHOUSE	WATER POINT 7 - 21KM TO GO	
DR MATHEWS PHOSA MARATHON	WATER POINT 8 - 18KM TO GO	
CURVES	WATER POINT 9 - 15KM TO GO	
FOREK INSTITUTE OF TECHNOLOGY	WATER POINT 10 - 12KM TO GO	
ACS SECURITY	WATER POINT 11 - 9KM TO GO	
HOGA	WATER POINT 12 - 6KM TO GO	
EBUNU LODGE	WATER POINT 13 - 3KM TO GO	
AQUELLE	WATER POINT 14 - FINISH	



NMC

**FAST RACE
3 IN 1**

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START TIMES & LOCATION

ALL RACES START TIMES: 05H30
42.2KM START -25.195073, 30.769518
21.1KM START -25.34738, 30.83031
10KM START -25.41031, 30.90986
PLEASE NOTE IT IS COMPULSORY TO USE THE BUS

CUT-OFF TIMES

COMRADES QUALIFYING CUT-OFF TIME: 5 HOURS

FINAL CUT-OFF: 6 HOURS
ALL RACES START TIMES: 05H30



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3 IN 1



MEDIA PARTNER



THE STORY OF MPUMALANGA





NMC FAST RACE 3 IN 1

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INTERNATIONAL RUNNERS MUST OBTAIN A CLEARANCE LETTER FROM THEIR OFFICIAL ATHLETICS FEDERATION BEFORE PARTICIPATING IN THE EVENT. THIS LETTER CONFIRMS THAT THE ATHLETE IS REGISTERED AND APPROVED BY THEIR NATIONAL ATHLETICS BODY TO COMPETE IN A RACE OUTSIDE THEIR COUNTRY. THE CLEARANCE HELPS ENSURE THAT ALL INTERNATIONAL PARTICIPANTS COMPETE UNDER THE CORRECT REGULATIONS AND MAINTAIN FAIR COMPETITION STANDARDS.



NMC FAST RACE 3 IN 1

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***A TOG BAG AREA WILL BE
AVAILABLE AT THE START
ENSURE YOUR BAG IS TAGGED
BEFORE LEAVING IT BEHIND.***



NMCG

FAST RACE

3 IN 1



Central park

MPU

RSA



RIVERSIDE MALL

**FREE SPECTATOR PASSES TO ALL RUNNERS
YOUR BIB HAS YOUR TICKET PRINTED ON IT**

50 LUCKY WINNERS WILL RECEIVE FULL ACCESS

**RUNNERS WHO WANT TO SWIM, NEED TO BRING
PROPER SWIM WEAR. NO SWIMMING IN RUNNING CLOTHES
SHOWERS AVAILABLE.
REFRESHMENTS AVAILABLE**





NMC

FAST RACE

3 IN 1



MENU MENU MENU MENU

JOHNNY IF FRIES

MENU MENU MENU MENU

BEEF BURGERS

- BIG JOHN**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R69.00 (R65.00 + 4.00)
- CHEESE & BACON**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- MAGIC MUSHROOM**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- JOHNNY FRESH**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- CHILLI CHEESE**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- MELTDOWN**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R89.00 (R85.00 + 4.00)
- GODZILLA**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R99.00 (R95.00 + 4.00)
- HOLY GUACAMOLE**
DOUBLE BEEF PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R89.00 (R85.00 + 4.00)

CHICKEN BURGERS

- SPICY CHIC SLAW**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R75.00 (R71.00 + 4.00)
- TOKYO DRIP**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R75.00 (R71.00 + 4.00)
- BUMBLEBEE**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R89.00 (R85.00 + 4.00)
- RANCH ROOSTER**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- HOT CHICK**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)
- GREEN GODDESS**
DOUBLE CHICKEN PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, ONION, PICKLED JEANER, KETCHUP + MUSTARD SAUCE
R79.00 (R75.00 + 4.00)



Milkshakes

- VANILLA 35.00
- STRAWBERRY 35.00
- CHOCOLATE 35.00
- BUBBLEGUM 35.00
- COFFEE 35.00
- SALTED CARAMEL 40.00
- HAZELNUT 40.00
- TURKISH DELIGHT 40.00

MAKE IT A MEAL...
ADD FRIES AND A 440ML DRINK FOR R30

SAUSAGE FEST

- VIENNAS x 2 25.00
- RUSSIAN SHORT 22.00
- RUSSIAN LONG 30.00
- CHEESE GRILLER 25.00
- KASCHERLER 25.00
- FRANKFURTER 26.00



FANCY FRIES

- CHEESE & BACON** R85.00
- THE TRUMP** R109.00
- THE MEXICAN** R99.00
- MEDITERRANEAN** R85.00
- KITCHEN SINK** R99.00
- MAC ATTACK** R109.00
- COWABUNGA** R99.00
- LIVE LAUGH LIVEN** R99.00

CHIPS



SAUCY CHIPS

	SMALL	MEDIUM	LARGE
CHEESE SAUCE	48.00	68.00	88.00
CHILLI CHEESE SAUCE	48.00	68.00	88.00
CHEESE & MUSHROOM MUSHROOM SAUCE	48.00	68.00	88.00

SLAP CHIPS

	SMALL	MEDIUM	LARGE
SALT N VINEGAR	34.00	54.00	74.00
PERI - PERI	38.00	58.00	78.00



DAMN GOOD CHOW

WING IT Flavours

	PLAIN
HALF WINGS	R89.00
FULL WINGS	R139.00

PLAIN BASTING, ASIAN GLAZE, PERI PERI, LEMON & HERB

FO SCHNITZEL

	SMALL	MED	LARGE
TEXAN LOADED	R69.00	R79.00	R129.00

EL MACHO

	SMALL	MED	LARGE
EL MACHO	R69.00	R79.00	R129.00

BRONX ME CRAZY

	SMALL	MED	LARGE
BRONX ME CRAZY	R69.00	R79.00	R129.00

LITTLE PEOPLE

LITTLE JOHNNY	R62.00	KIDDIES VIENNAS	R140.00
LITTLE MOLLY	R62.00	CHICKEN NUGGETS	R49.00
MAC & CHEESE	R45.00		



CHICKEN TENDERS



- FOR 1 + SMALL FRIES 70.00
- FOR 2 + MEDIUM FRIES 125.00
- FOR 3 + MEDIUM FRIES 175.00

DIPPING SAUCE

- CHEESE
- SWEET CHILLI
- CHILLI CHEESE
- SOYA GLAZE
- MUSHROOM
- PETA & HERB
- PERI PERI
- RANCH DRESSING

DELIVERY AVAILABLE THROUGH MR D

Central park

MPU RSA

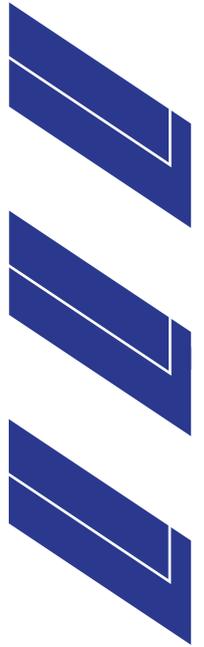




NMCC

FAST RACE

3 IN 1



WEATHER

Event: NMC Fast Race 2026

Race Date: 28 March 2026

Location: Mbombela

Expected Race Morning Conditions

03:00 – Athlete arrival

Temperature: 20–21 °C

Conditions: Warm and humid

Wind: Light

05:00 – Pre-race warm-up

Temperature: 19–20 °C

Calm conditions

Sunrise (~05:50)

Temperature: 20–21 °C

During the race

Temperature expected to rise steadily after sunrise.

What Athletes Should Expect

Warm but comfortable early-morning conditions.

Humidity may feel high before sunrise.

Good running conditions with little wind.

Athlete Recommendations

Hydrate well before the start.

Wear lightweight running gear.

Use sunscreen if running later in the morning.

Weather Risk

Low risk of rain during race hours

Typical afternoon thunderstorms possible later in the day, after race activities conclude.



MEET THE COACHES

An Evening with Coach Benzi & Coach Wendy

Coach Wendy and Coach Benzi
will be with you on Race Collection
at Riverside Mall on the 27th March 2026
between 15h00 & 18h00

- NMC Fast Race Pack Collection
- Riverside Mall
- Friday Night
- Live Q & A with the coaches



Building the future of Running

- Fast Advice from the coaches
- Pacing questions
- Race Strategy
- Nutrition Tips
- Photoshoot with the coach
- Train Smarter, Race Stronger



ENTRYGEEK

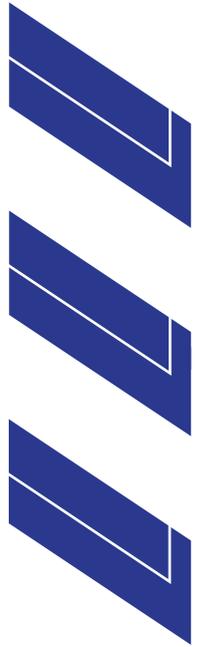
Coach Benzi

TRUST THE PROCESS

MEET THE COACHES



NMCG
FAST RACE
3 IN 1



**BRANDING &
PHOTOGRAPHY PARTNER**

DAY8IGHT
CREATIVE LAB



DAY8IGHT

CREATIVE LAB

Race Promotion Packages

PROMO LITE

A starter promotional package designed to introduce the race to the community and build early awareness.

Includes

- Race Poster Design (Social Media Format)
- 5 Countdown Social Media Posters

R1200

REGULAR MOST POPULAR

A broader promotional package designed to increase race visibility and engagement within the community.

Includes

- Double-Sided Race Poster Social Media Design (Print quotation available on request)
- 5 Countdown Social Media Posters
- 2 Double-Sided Selfie Frames
- Registration Reminder Social Media Poster
- Post-Race "Thank You" Social Media Poster

R2900

PREMIUM PACK

A comprehensive race promotion and branding package designed to maximise visibility and create a strong community presence for the event.

Includes

- Double-Sided Race Poster Social Media Design (Print quotation available on request)
- 5 Countdown Social Media Posters
- 2 Double-Sided Selfie Frames
- Registration Reminder Social Media Poster
- Post-Race "Thank You" Social Media Poster
- 12 Bus Driver Posters
- 12 Bus Driver Promotional Flags

R5000



NMCG

FAST RACE

3 IN 1



**360 PHOTO BOOTH
SPONSORED BY**

Get your video free!

RWI LOGISTICS

POWERED BY
DAY8IGHT
CREATIVE LAB

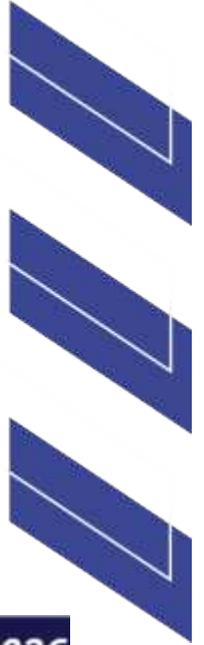




NMC

FAST RACE

3 IN 1



**SHARE YOUR
NMC FAST 3 IN 1
RACE PHOTO'S**

**SCAN THE QR
CHOOSE A FRAME
SHARE**



**EXPERIENCED IN REAL TIME
REMEMBERED THROUGH EVERY LENS
ADD YOUR MOMENT TO THE STORY.**



NMCC

FAST RACE

3 IN 1



SECURITY PARTNER



HERE TO PROTECT





NMCG

FAST RACE

3 IN 1



SOUND PARTNER

JD 
SOUND HIRE



EVENTS
Functions



NMC FAST RACE WEEKEND

R650 pp sharing.
Runners confirmation
required for special rate.
Dinner: ala cart or buffet
options available

NMC FAST RACE



e-Bundu Lodge

www.ebundulodge.co.za - bookings@ebundu.co.za



UNITY



DAY8IGHT





NMC FAST RACE 3 IN 1

DATE
28
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WINNERS PAYMENTS



We will no longer use paper forms to capture banking details. Instead, you must scan the QR code on your winners credit card. This will take you directly to the secure digital form. Enter your banking details and upload all required supporting documents there. This process is faster, reduces errors, and ensures your information is stored safely.



NMC

Fast Race 3-in-1 2026

20% OFF
ANY PASTA

Valid 26-28 March 2026

**JUST PRESENT YOUR
RACE NUMBER**

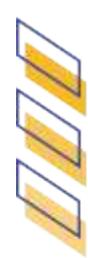


Riverside Mall 013 591 2834

www.panarottis.com | Customer Care: 086 000 7262

Valid at Panarottis Riverside Mall only from 26 - 28 March 2026. Not in conjunction with other promotions. Dine-in only. Ts & Cs apply.


PANAROTTIS®
PIZZA & PASTA



NMC FAST RACE 3 IN 1

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RACE NUMBERS



RACE BIB TO BE PINNED ON THE FRONT



***TEMP LICENSE
POSITIONED
AT THE BACK***

***AGE
CATEGORY
TAGS
MUST BE
PINNED
FRONT & BACK***



NMCG FAST RACE 3 IN 1

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TOILETS ON ROUTE



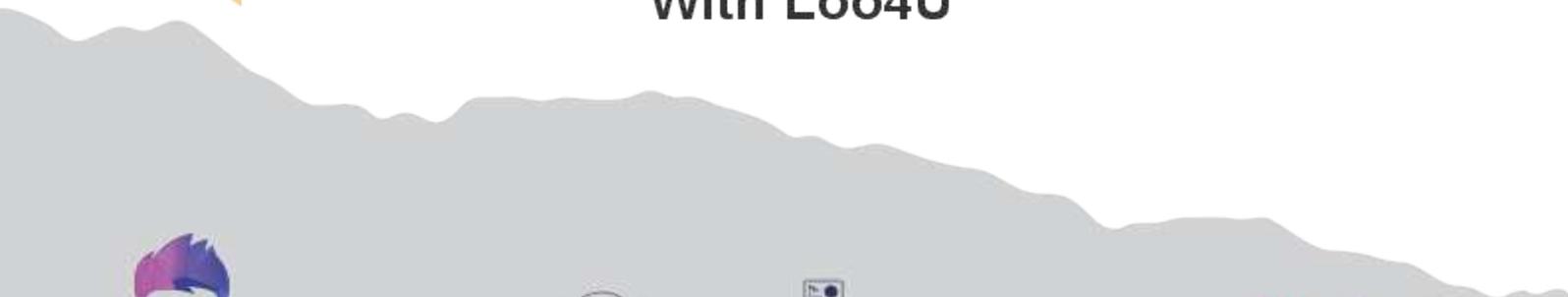
Before the start
Fresh and calm
Loo4U is there
Keeping you strong

Along the route
Right on cue
Clean and ready
Waiting for you

At the finish
Comfort in sight
Riverside Mall
Central Park bright

Run with ease
Enjoy the view

A smooth race day
With Loo4U



Running Clean

Leave No Trace. Keep Our Roads Clean!

Easy Tips:

Pocket Your Wrappers

Use the Bins

Carry It To The Finish

Why It Matters:

Keep Our Routes Clean

Respect Our Communities

Protect Our Sport

Take It In, Take It Out!

Finish with What You Start!



NMC FAST RACE 3 IN 1

DATE
28
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EMERGENCY CONTACTS

**RACE DIRECTOR MOSES MLOMBO
076-214-0826**

**CLUB DOCTOR BUTINI DUBE
082-322-1866**

**W/24 EMSWALTER SHONGWE
072-714-4226**

**GENERAL ENQUIRIES HARRY MOYO
065-707-0216**

**ENTYGEEK ONLINE ENTRIES
CLIFFORD GUMEDE
078-208-5183**